



# इंदिरा गांधी शारीरिक शिक्षा एवं खेल विज्ञान संस्थान

(दिल्ली विश्वविद्यालय), बी-ब्लॉक, विकासपुरी, नई दिल्ली - 110018

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16.05.2026

सत्र 2025-26

सत्र 2025-26 के लिए संपूर्ण शोध प्रबंध शैक्षणिक परियोजना का ववरण

(Detail of Dissertation and Academic Project for the Session 2025-26)

Sr. No	Class	Dissertation	Academic Project
1	B.Sc (PE, HE & S)	29	08
2	M.P.Ed	43	0

शोध प्रबंध अ भलेख हेतु पर्यवेक्षक एवं सह-पर्यवेक्षक का शिक्षकवार डेटा

(Teacher-wise data of supervisor and co-supervisor for Dissertation)

## 1. Prof. Sandeep Tiwari

Class	Dissertation
M.P.Ed	03

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-15/24	BHAWANI SHANKAR MAHANTA	PSYCHOMETRIC EVALUATION AND VALIDATION OF ATHLETIC PERCEPTION OF PERFORMANCE SCALE IN INDIAN CONTEXT
2	M-16/24	BHOOMI CHOUHAN	VALIDATING THE COACHING BEHAVIOR SCALE TO ENHANCE COACHING EFFECTIVENESS IN INDIAN BASKETBALL
3	M-20/24	HRITHIK KUMAR BANKE	PSYCHOLOGICAL SKILL PROFILING OF ELITE & NON-ELITE BADMINTON PLAYERS: A COMPARATIVE STUDY

## 2. Prof. Sandhya Tiwari

Class	Dissertation	Academic Project
M.P.Ed	05	00
B.Sc (PE, HE & S)	01	01

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-09/24	ANKITA CHAHAL	ASSESSMENT OF MENSTRUAL CYCLE, BODY COMPOSITION AND BASAL METABOLIC RATE OF SELECTED SPORTS PLAYERS
2	M-18/24	DEEPAK BISHT	RELATIONSHIP BETWEEN SELECTED ANTHROPOMETRIC INDICES AND HEALTH MARKERS IN EMPLOYEES.
3	M28/24	NGAWANG LHADON	VALIDATION OF SOCCER SPECIFIC INTERVAL TEST ON MALE INTER-COLLEGIATE FOOTBALL PLAYERS
4	M-49/24	VIPIN KHALKHO	EFFECT OF SELECTED PHYSIOLOGICAL PARAMETERS AND NUMBER OF COACHING HOURS ON QUALITY OF SLEEP IN FOOTBALL COACHES
5	M-50/24	VIPUL CHHOKER	DEVELOPMENT OF A COMPOSITE HEALTH RISK INDEX BASED ON PHYSICAL ACTIVITY, FITNESS AND LIFESTYLE PARAMETERS AMONG STUDENTS

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-24/22	DILENDRA KUMAR	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI
	B-48/22	MOHIT KUMAR	
	B-79/22	SANJAY SINGH	
2	B-88/22	SIDDHARTH THUKRAL	SLEEP QUALITY, BODY COMPOSITION, BASAL METABOLIC RATE AND PSYCHOLOGICAL WELL-BEING OF EMPLOYEES IN COLLEGE SETTING: A CROSS-SECTIONAL STUDY.
3	B-93/22	TARUNA KUMARI	ANTHROPOMETRIC, AND METABOLIC PROFILE OF INTERCOLLEGIATE FEMALE PLAYERS OF SELECTED SPORTS
4	B-102/22	PRIYANSHU	ANTHROPOMETRIC, BODY COMPORTION AND LOWER LIMB STRENGTH PROFILE OF MALE PLAYERS FROM SELECTED TEAM SPORTS

### 3. Prof. Sarita Tyagi

Class	Dissertation
M.P.Ed	03
B.Sc (PE, HE & S)	02

#### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-08/24	ANJALI	RELATIONSHIP BETWEEN PERCEIVED STRESS AND SLEEP QUALITY AMONG ATHLETES AND NON-ATHLETES
2	M-17/24	BINDU	THE RELATIONSHIP BETWEEN MENTAL TOUGHNESS, COMPETITIVE ANXIETY, AND ATHLETE BURNOUT IN FIELD HOCKEY PLAYERS DURING THE COMPETITIVE SEASON.
3	M-34/24	PULKIT SHARMA	IMPACT OF MIXED-GENDER TRAINING ON SELECTED PHYSICAL AND SKILL VARIABLES ON FEMALE FIELD HOCKEY ATHLETES.

#### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-29/22	HARSH KAMBOJ	PERCEPTION OF INDIAN FAMILIES TOWARDS SPORTS AS A CAREER
2	B-59/22	PRADEEP MITTAL	ANALYTICAL STUDY OF ADOLESCENTS' ATTITUDE AND LIFESTYLE PRACTICES REGARDING HEALTH AND FITNESS

### 4. Prof. Gauri Chakraborty

Class	Dissertation	Academic Project
M.P.Ed	04	00
B.Sc (PE, HE & S)	00	01

#### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-03/24	AJIT KUMAR	STUDY ON PEAK FORCE TWO OF THE RIGHT FOOT DURING WALKING GAIT AT 42 EXPERIMENTAL CONDITIONS OF ADOLESCENT SCHOOL-GOING GIRLS
2	M-24/24	MEGHA SHARMA	A STUDY ON PEAK FORCE TWO OF LEFT FOOT OF WALKING GAIT AT 42 EXPERIMENTAL CONDITIONS OF HEALTHY SCHOOL GOING GIRLS
3	M-30/24	NIDHI PATHAK	COMPARATIVE STUDY OF BILATERAL SYMMETRY OF PEAK FORCE 1 AND 2 IN SPORTS GIRLS WITH PROGRESSIVE BACKPACK LOADS AND WALKING DURATIONS
4	M-31/24	NIPUN RUHELA	BILATERAL SYMMETRY OF MAXIMUM FORCE (F1 & F2) AMONG SEDENTARY ADOLESCENT GIRLS WITH PROGRESSIVE LOAD AND DURATION DURING WALKING GAIT.

#### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-76/22	SACHIN	FACILITIES AVAILBLE IN GOVERNMENT SCHOOLS OF SOUTHWEST ZONE OF DELHI STATE AFTER IMPLEMENTATION OF THE SPORTS POLICY OF INDIA
	B-77/22	SACHIN SINGH	

## 5. Prof. Anil Vanaik

Class	Dissertation
M.P.Ed	04

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-04/24	AKANSHA	OMSAT PROFILING OF HANDBALL PLAYERS OF IGIPESS, UNIVERSITY OF DELHI.
2	M-05/24	AKASH KUMAR	KINEMATIC DETERMINANTS OF SPIKING ABILITY OF MALE INTER-COLLEGE VOLLEYBALL PLAYERS OF THE UNIVERSITY OF DELHI
3	M-23/24	MD SADIQ	RELATIONSHIP BETWEEN GOAL SETTING AND GOAL ORIENTATION AMONG HANDBALL PLAYERS.
4	M-37/24	RAHUL SINGH	A BIOMECHANICAL STUDY ON THE EFFECT OF PROGRESSIVE LOADS AND WALKING DURATIONS ON THE FIRST PEAK OF MAXIMAL GROUND REACTION FORCE IN SCHOOL-GOING GIRLS (10–16 YEARS).

## 6. Prof. Rita Jain

Class	Dissertation
M.P.Ed	01

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-27/24	NAMRATA KAUR	THE STUDY ON THE STATUS OF HEART RATE VARIABILITY AND PSYCHOPHYSIOLOGICAL STATUS IN MALE ATHLETES.

## 7. Prof. Samiran Chakraborty

Class	Dissertation	Academic Project
M.P.Ed	02	00
B.Sc (PE, HE & S)	02	01

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M21/24	KARAN VEER	THE 'ADONIS COMPLEX' IN THE DIGITAL AGE: A CORRELATIONAL STUDY OF SOCIAL MEDIA FITNESS CONSUMPTION AND MUSCLE DYSMORPHIA SYMPTOMS AMONG ADOLESCENT MALES OF UNDERGRADUATE FRESHMEN
2	M-29/24	NIDHI AGARWAL	INTEGRATION OF SPOTS AND ACADEMICS UNDER NEP 2020 - CHALLENGES AND OPPORTUNITIES AT COLLEGE LEVEL

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-40/22	KRISHNA	CHALLENGES IN ORGANIZING COMMUNITY LEAGUE SPORTS EVENTS
2	B -66/22	RAHUL	MENTAL TOUGHNESS BETWEEN STATE LEVEL AND NATIONAL LEVEL PLAYERS
	B-83/22	SHAGUN DABAS	
3	B-95/22	TUSHAL	AGGRESSION AND EMOTIONAL REGULATION OF GYMNASTS

## 8. Prof. Sonia Shalini

Class	Dissertation
M.P.Ed	05

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-07/24	ANIL KUMAR BAGHEL	A BIOMECHANICAL STUDY ON MAXIMUM FORCE TWO OF THE RIGHT FOOT DURING WALKING GAIT AT 42 EXPERIMENTAL CONDITIONS OF SCHOOL-GOING SPORTS GIRLS.
2	M-10/24	ANKUR GAHLOT	MULTIVARIATE APPLICATION FOR GAIT ANALYSIS OF ADOLESCENT GIRLS BELONGING TO SPORTS & NON-SPORTS GROUP
3	M-26/24	NAMAN SAINI	THE RELATIONSHIP BETWEEN STATIC SEGMENTAL STRENGTH AND FLEXIBILITY PROFILES IN MALE AND FEMALE COLLEGE ATHLETES.
4	M-32/24	PARAS SHARMA	AN ANALYSIS OF PEAK TWO OF THE LEFT FOOT DURING WALKING GAIT WITH SELECTED BACKPACK LOADS AND WALKING DURATIONS OF ADOLESCENT SPORTS GIRLS.
5	M-4/22	AMANDEEP YADAV	A STUDY ON 42 EXPERIMENTAL CONDITIONS OF PROGRESSIVE LOAD AND DURATION OF WALKING ON MAXIMUM FORCE ONE OF SCHOOL-GOING SPORTS GIRLS.

## 9. Prof. Lalit Sharma

Class	Dissertation
M.P.Ed	02
B.Sc (PE, HE & S)	05

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-43/24	SHIKHA	WHAT MOTIVATES ATHLETES TO RECOVER: QUALITATIVE EXPLORATION OF PERCEPTIONS, BEHAVIOURS, AND BARRIERS TO RECOVERY ENGAGEMENT.
2	M-10/22	ANJALI SHARMA	SELF-STIGMA AND ATTITUDES TOWARD SEEKING PSYCHOLOGICAL HELP AMONG SPORTSPERSONS: AN EXPLORATORY STUDY.

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-02/22	AARUSHI R. DUTT	BEYOND SUCCESS AND FAILURE INTERPRETING GOALS IN CONTEXT TO MENTAL HEALTH AMONG COLLEGE GOING STUDENTS
2	B-30/22	HARSH SONKARIA	EFFECT OF SELF DESIGNED MINOR GAMES ON SENSORY PROCESSING OF THE CHILDREN WITH SPECIAL NEEDS (CWSN)
3	B-32/22	HARSHITA RAWAT	A MULTI-DIMENSIONAL STUDY OF MOTIVES AMONG RECREATIONAL RUNNERS
4	B-49/22	MOUSAM KUMARI	THE EFFECT OF PAST RELATIONSHIP. EXPERIENCES ON PRESENT RELATIONSHIP COMMITMENT
5	B-62/22	PRATEEK TANWAR	INFLUENCE OF PARENTING STYLES ON SELF - ESTEEM AND RESILIENCE AMONG ADOLESCENTS
6	B-67/22	RAJ	PSYCHOLOGICAL WELL BEING AND VO2 MAX IN ACTIVE AND SEDENTARY INDIVIDUALS

## 10. Prof. Monika Wasuja

Class	Dissertation	Academic Project
M.P.Ed	01	00
B.Sc (PE, HE & S)	06	01

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-14/24	BABITA YADAV	A Comparative Study of Prevalence and Severity of Primary Dysmenorrhea among University Athletes and Non-Athletes.

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-10/22	ANKITA	ASSESSMENT OF THE EFFECT OF MENSTRUATION ON PHYSICAL EXERCISE PARTICIPATION AMONG SCHOOL GOING GIRLS IN THE AGE RANGE OF 12-16
	B-31/22	HARSHITA	
	B-51/22	MUSKAN CHOUDHARY	
2	B-11/22	ANKUR JORWAL	BODY COMPOSITION AND RELATED PHYSICAL FITNESS PARAMETERS OF INTERCOLLEGIATE LEVEL MALE FOOTBALLERS PLAYING AT VARIOUS POSITIONS
3	B-13/22	ARMAN	ASSESSMENT OF TOTAL PROTEIN INTAKE OF VEGITARIAN AND NON - VEGITARIAN ATHLETES AS RELATED TO BODY COMPOSITION AND PHYSICAL FITNESS PARAMETERS
4	B-34/22	ISHU YADAV	AN ASSESSMENT OF PHYSICAL FITNESS COMPONENTS OF INTER COLLEGE LEVEL MALE HANDBALL PLAYERS PLAYING AT DIFFERENT POSITIONS
5	B-39/22	KIRTIKA	A SURVEY ON USE OF NUTRITIONAL SUPPLIMENTS AND BODY IMAGE PERCEPTION AMONG FEMALE COLLEGE GOING ATHLETES, NON-ATHLETES AND GYM USERS
6	B-61/22	PRASHMEET PRADEEP PAL	ASSESSMENT OF KNOWLEDGE, ATTITUDE AND PRACTICE OF SPORTS NUTRITION IN COLLEGE GOING ATHLETES
7	B-91/22	SONU KUMAR	A SURVEY ON USE OF NUTRITIONAL SUPPLEMENTS AND BODY IMAGE PERCEPTION AMONG MALE COLLEGE ATHLETES, NON - ATHLETIES AND GYM GOERS STUDYING IN DELHI NCR, INDIA

## 11.Prof. Ekta Bhushan

Class	Dissertation
M.P.Ed	01
B.Sc (PE, HE & S)	01

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-35/24	RAHUL	EFFECT OF DIFFERENT FOOT ARCHES TO DETERMINE DYNAMIC BALANCE AGILITY AND POWER IN DIFFERENT PLAYING POSITION IN VOLLEYBAL

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-16/22	AYUSH SHARMA	RELIABILITY OF FOOTWORK TEST ON BADMINTON PLAYERS

## 12. Prof. Meenakshi

Class	Dissertation	Academic Project
B.Sc (PE, HE & S)	02	03

### a. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-04/22	ABHISHEK SHARMA	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN CENTRAL & SOUTH REGIONS POST - NEP 2020
	B-21/22	DHRUV SINGH	
	B-87/22	SHUBHAM SAINI	
2	B-05/22	ADITYA KUMAR	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN EAST, WEST AND NORTH REGIONS POST - NEP 2020
	B-73/22	ROHIT	
3	B-18/22	DEEKSHA DEVAANSH	FANATICS VS CASUALS: INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF ROYAL CHALLENGERS BENGALURU FANS
	B-20/22	DEVANSH KHOHAL	
	B-44/22	LEELANSH MOHAN	
4	B-80/22	SARTHAK JAIN	REWIRING YOUNG MINDS: THE ROLE OF YOGIC PROTOCOLS IN MANAGING STRESS, BOOSTING ATTENTION AND ENHANCING EMOTION REGULATION IN SCHOOL SETTINGS
5	B-98/22	VANSHIKA SONI	THE IMPACT OF GOAL SETTING STRATEGIES ON COMPETITIVE ANXIETY IN ATHLETES: A QUANTITATIVE INVESTIGATION

## 13. Prof. Tarak Nath Pramanik

Class	Dissertation	Academic Project
B.Sc (PE, HE & S)	00	01

### a. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-82/22	SAZIA KHATOON	GENDER BASED COMPARISON OF PSYCHOLOGICAL VARIABLES BETWEEN MALE AND FEMALE VOLLEYBALL PLAYERS OF IGIPSS

## 14. Prof. Dharmander Kumar

Class	Dissertation
M.P.Ed	05
B.Sc (PE, HE & S)	04

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-02/24	AJAY SINGH	A META-ANALYSIS OF SOCIAL EXCLUSION IN SPORTS
2	M-6/24	AKSHAY PANWAR	SELECTIVE PROFILE OF KABADDI PLAYERS BASED ON PHYSICAL AND PHYSIOLOGICAL ASSESSMENT
3	M-22/24	MANJU	REVALIDATION OF THE QUESTIONNAIRE ON CONDITIONS FOR EFFECTIVE GENDER EQUALITY AMONG INDIAN PLAYERS.
4	M-47/24	SUMERU KUMAR	SOCIAL MOBILITY THROUGH SPORTS: A META-ANALYTIC REVIEW.
5	M-48/24	SURAJ TIWARI	SYSTEMATIC REVIEW OF SPORT AS A SOCIAL INSTITUTION

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-08/22	ANJALI	DEVELOPMENT AND VALIDATION OF A QUESTIONNAIRE ON STUDENTS' PERSPECTIVES ON THE ROLE OF FAMILY IN SPORTS PARTICIPATION
2	B- 23/22	DIKSHA KUMARI	DEVELOPMENT AND VALIDATION OF A QUESTIONNAIRE ON STUDENTS' PERSPECTIVE ON THE ROLE OF ACADEMIC INSTITUTION IN SPORTS PARTICIPATION
3	B-65/22	RAGHAV RAJ	DEVELOPMENT AND VALIDATION OF QUESTIONNAIRE ON STUDENT'S PERSPECTIVE ON THE ROLE OF PEERS IN SPORTS PARTICIPATION
4	B-69/22	REENA	DEVELOPMENT AND VALIDATION OF QUESTIONNAIRE ON STUDENTS' PERSPECTIVES ON THE ROLE OF MEDIA IN WOMEN'S SPORTS PARTICIPATION

## 15. Prof. Man Singh

Class	Dissertation
M.P.Ed	07
B.Sc (PE, HE & S)	03

### a. Class: - M.P.Ed Sem IV

Sr.	Roll No	Name	Title
1	M-1/24	ABHISHEK DAHIYA	ROLE OF PHYSICAL EDUCATION PROFESSIONALS IN PROMOTION OF PHYSICAL EDUCATION IN UNIVERSITY OF DELHI - A SURVEY STUDY
2	M-25/24	MORRIS TIRKEY	A STUDY ON SPORTS ACHIEVEMENT MOTIVATION AMONG AMATEUR AND PROFESSIONAL FOOTBALL PLAYERS WITH REFERENCE TO THEIR PLAYING POSITIONS
3	M-39/24	RITIKA	AN ASSESSMENT OF PHYSICAL EDUCATION ATTITUDE AMONG SCHOOL STUDENTS.
4	M-40/24	SEEMA	AN ANALYSIS OF LEADERSHIP BEHAVIOUR AND IT'S INFLUENCE ON TEAM PERFORMANCE AMONG COLLEGE FOOTBALL PLAYERS
5	M-41/24	SHASHWAT SHARMA	A COMPARISON BETWEEN SPORTS MOTIVATION AND LEADERSHIP STYLE AMONG VOLLEYBALL PLAYER OF FRONT ROW AND BACK ROW PLAYING POSITION OF UNIVERSITY OF DELHI
6	M-51/24	VISHIKA	RELATIONSHIP BETWEEN SELECTED PSYCHOLOGICAL VARIABLES AND PERFORMANCE OF HANDBALL PLAYERS.
7	M-52/24	YOGESH KUMAR DEEP	ROLE OF PHYSICAL EDUCATION PROFESSIONALS IN PROMOTION OF PHYSICAL EDUCATION IN UNIVERSITY OF DELHI - A SURVEY STUDY

### b. Class: - B.Sc (PE, HE & S) Sem VIII

Sr.	Roll No	Name	Title
1	B-46/22	MD. ADIL SHAH	INTEGRATED ASSESSMENT OF AGILITY, JUMP POWER AND MENTAL RESILIENCE AMONG COLLEGE FOOTBALL PLAYERS: A CROSS-SECTIONAL APPROACH
2	B-57/22	PAYAL	A COMPARATIVE ANALYSIS OF SPORTS ACHIEVEMENT MOTIVATION BETWEEN MALE AND FEMALE WEIGHTLIFTER
3	B-85/22	SHASWATY ROY	CROSS - SECTIONAL STUDY OF AGILITY AND LOWER LIMB EXPLOSIVE POWER OF KARATEKAS

Sd/-  
In-charge,  
Student Dealing Section

**LIST OF STUDENTS M.P.Ed. SEMESTER - IV (2025-26)**  
**MPE 1006 : Dissertation/Academic Project**

S.No	Exam No	Roll No	Name of Student	Supervisor	Co- Supervisor	Topic Name
1	24001	M-1/24	ABHISHEK DAHIYA	Prof. Man Singh		Role of Physical Education Professionals in Promotion of Physical Education in University of
2	24002	M-02/24	AJAY SINGH	Prof. Dharmender Kumar		A Meta-Analysis of Social Exclusion in Sports
3	24003	M-03/24	AJIT KUMAR	Prof. Gauri Chakraborty		Study on Peak Force Two of the Right Foot during Walking Gait at 42 Experimental Conditions of Adolescent School-Going Girls
4	24004	M-04/24	AKANSHA	Prof. Anil Kr Vinaik	Dr. Subhang Negi	OMSAT Profiling of Handball Players of IGIPESS, University of Delhi.
5	24005	M-05/24	AKASH KUMAR	Prof. Anil Kr Vinaik	Dr. Subhang Negi	Kinematic Determinants of Spiking Ability of Male Inter-College Volleyball Players of the
6	24006	M-6/24	AKSHAY PANWAR	Prof. Dharmender Kumar	Dr. Sahil Dahiya	Selective Profile of Kabaddi Players Based on Physical and Physiological Assessment
7	24007	M-07/24	ANIL KUMAR BAGHEL	Prof. Sonia Shalini	Dr. Rabiya Husain	A Biomechanical Study on Maximum Force Two of the Right Foot during Walking Gait at 42 Experimental Conditions of School-Going Sports Girls.
8	24008	M-08/24	ANJALI	Prof. Sarita Tyagi		Relationship Between Perceived Stress and Sleep Quality among Athletes and Non-Athletes
9	24009	M-09/24	ANKITA CHAHAL	Prof. Sandhya Tiwari		Assesment of Menstrual Cycle, Body Composition and Basal Metabolic Rate of Selected Sports
10	24010	M-10/24	ANKUR GAHLOT	Prof. Sonia Shalini	Dr. Rabiya Husain	Multivariate Application for Gait Anaylsis of Adolescent Girls Belonging to Sports & Non-Sports
11	24014	M-14/24	BABITA YADAV	Prof. Monika Wasuja		A Comparative Study of Prevalence and Severity of Primary Dysmenorrhea among University Athletes and Non-Athletes.
12	24015	M-15/24	BHAWANI SHANKAR MAHANTA	Prof. Sandeep Tiwari		Psychometric Evaluation and Validation of Athletic Perception of Performance Sacle in Indian
13	24016	M-16/24	BHOOMI CHOUHAN	Prof. Sandeep Tiwari		Validating the Coaching Behaviour Scale To Enhance Coaching Effectiveness In Indian Basketball
14	24017	M-17/24	BINDU	Prof. Sarita Tyagi		The Relationship between Mental Toughness, Competitive Anxiety, and Athlete Burnout in Field Hockey Players during the Competitive Season.
15	24018	M-18/24	DEEPAK BISHT	Prof. Sandhya Tiwari		Relationship between Selected Anthropometric Indices and Health Markers in Employees.
16	24020	M-20/24	HRITHIK KUMAR BANKE	Prof. Sandeep Tiwari		Psychological Skill Profiling of Elite & Non Elite Badminton Players : A Comparative Study
17	24021	M21/24	KARAN VEER	Prof. Samiran Chakraborty		The 'Adonis Complex' in the digital age: A correlational study of social media fitness consumption and muscle dysmorphia symptoms among adolescent males of Undergraduate
18	24022	M-22/24	MANJU	Prof. Dharmender Kumar		Revalidation of the Questionnaire on Conditions for Effective Gender Equality among Indian
19	24023	M-23/24	MD SADIQ	Prof. Anil Kr Vinaik	Dr. Subhang Negi	Relationship between Goal Setting and Goal Orientation among Handball Players.
20	24024	M-24/24	MEGHA SHARMA	Prof. Gauri Chakraborty		A Study on Peak Force Two of Left Foot of Walking gait at 42 Experimental Conditions of Healthy
21	24025	M-25/24	MORRIS TIRKEY	Prof. Man Singh		A Study on Sports Achievement Motivation among Amateur and Professional Football Players with Reference to their Playing Positions
22	24027	M-27/24	NAMRATA KAUR	Prof. Rita Jain	Prof. Aruna Gulati	The Study on the Status of Heart Rate Variability and Psychophysiological Status in Male
23	24026	M-26/24	NAMAN SAINI	Prof. Sonia Shalini	Dr. Anshuman Shukla	The Relationship between Static Segmental Strength and Flexibility Profiles in Male and Female
24	24028	M28/24	NGAWANG LHADON	Prof. Sandhya Tiwari		Validation of Soccer Specific Interval Test on Male Inter- Collegiate Football Players
25	24029	M-29/24	NIDHI AGARWAL	Prof. Samiran Chakraborty		Integration of Spots and Academics Under NEP 2020 - Challenges and Opportunities at College
26	24030	M-30/24	NIDHI PATHAK	Prof. Gauri Chakraborty	Dr. Rabiya Husain	Comparative Study of Bilateral Symmetry of Peak Force 1 and 2 in Sports Girls with Progressive Backpack Loads and Walking Durations
27	24031	M-31/24	NIPUN RUHELA	Prof. Gauri Chakraborty	Dr. Rabiya Husain	Bilateral Symmetry of Maximum Force (F1 & F2) among Sedentary Adolescent Girls with Progressive Load and Duration during Walking Gait.
28	24032	M-32/24	PARAS SHARMA	Prof. Sonia Shalini	Dr. Rabiya Husain	An Analysis of Peak Two of the Left Foot during Walking Gait with Selected Backpack Loads and Walking Durations of Adolescent Sports Girls.
29	24034	M-34/24	PULKIT SHARMA	Prof. Sarita Tyagi		Impact of Mixed-Gender Training on Selected Physical and Skill Variables on Female Field
30	24035	M-35/24	RAHUL	Prof. Ekta Bhushan		EFFECT OF DIFFERENT FOOT ARCHES TO DETERMINE DYNAMIC BALANCE AGILITY ,AND POWER IN DIFFERENT
31	24037	M-37/24	RAHUL SINGH	Prof. Anil Kr Vinaik	Dr. Rabiya Husain	A Biomechanical Study on the Effect of Progressive Loads and Walking Durations on the First Peak of Maximal Ground Reaction Force in School-Going Girls (10–16 Years).
32	24038	M-39/24	RITIKA	Prof. Man Singh		An Assessment of Physical Education Attitude among School Students.
33	24039	M-40/24	SEEMA	Prof. Man Singh	Nidhi Kuhar	An Analysis of Leadership Behaviour and It's Influence on Team Performance among College
34	24040	M-41/24	SHASHWAT SHARMA	Prof. Man Singh	Dr. Anshuman Shukla	A comparison between sports motivation and leadership style among volleyball player of front row and back row playing position of university of delhi

35	24042	M-43/24	SHIKHA	Prof Lalit Sharma		What Motivates Athletes to Recover: Qualitative Exploration of Perceptions, Behaviours, and Barriers to Recovery Engagement.
36	24046	M-47/24	SUMERU KUMAR	Prof. Dharmender Kumar		Social Mobility through Sports: A Meta-Analytic Review.
37	24047	M-48/24	SURAJ TIWARI	Prof. Dharmender Kumar		Systematic Review of Sport as a Social Institution
38	24048	M-49/24	VIPIN KHALKHO	Prof. Sandhya Tiwari		Effect of Selected Physiological Parameters and Number of Coaching Hours on Quality of Sleep
39	24049	M-50/24	VIPUL CHHOKER	Prof. Sandhya Tiwari		Development of a Composite Health Risk Index Based On Physical Activity, Fitness and Lifestyle Parameters Among Students
40	24050	M-51/24	VISHIKA	Prof. Man Singh		Relationship between Selected Psychological Variables and Performance of Handball Players.
41	24051	M-52/24	YOGESH KUMAR DEEP	Prof. Man Singh		Comparative Study of Physical Fitness among Students of Different Types of Schools in Delhi.
42	31004	M-4/22	AMANDEEP YADAV	Prof. Sonia Shalini	Dr. Rabiya Husain	A Study on 42 Experimental Conditions of Progressive Load and Duration of Walking on Maximum Force One of School-Going Sports Girls.
43	31010	M-10/22	ANJALI SHARMA	Prof. Lalit Sharma		Self-Stigma and Attitudes toward Seeking Psychological Help among Sportspersons: An Exploratory Study.

**LIST OF DISSERTATION /ACADEMIC PROJECT OF B.Sc. (PE,HE &S) HONS. SEMESTER - VIII (NEP - UGCF)**

SUPERVISOR	Advisory Committee Research (ACR)	Co-Supervisor	Examination Roll Number	Class Roll No..	Name of Student	Father's Name	Mobile No.	Paper Name	TOPIC
DR. MEENAKSHI	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589082	B-04/22	ABHISHEK SHARMA	RAGHUENDRA PRASAD SHARMA	8470074690	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN CENTRAL & SOUTH REGIONS POST - NEP 2020
	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589051	B-05/22	ADITYA KUMAR	BACHCHAN PRASAD	9205760288	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN EAST, WEST AND NORTH REGIONS POST - NEP 2020
	PROF. LALIT SHARMA PROF. SANDHYA TIWARI		22028589062	B-18/22	DEEKSHA DEVAANSH	SANJAY KUMAR	8882261868	ACADEMIC PROJECT	FANATICS VS CASUALS: INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF ROYAL CHALLENGERS BENGALURU FANS
	PROF. LALIT SHARMA PROF. SANDHYA TIWARI		22028589056	B-20/22	DEVANSH KHOHAL	GOPI CHAND	8685838629	ACADEMIC PROJECT	FANATICS VS CASUALS: INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF ROYAL CHALLENGERS BENGALURU FANS
	PROF. LALIT SHARMA PROF. MAN SINGH		22028589088	B-21/22	DHRUV SINGH	KAILASH CHAND	9266561559	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN CENTRAL & SOUTH REGIONS POST - NEP 2020
	PROF. LALIT SHARMA PROF. MAN SINGH		22028589071	B-44/22	LEELANSH MOHAN	BRIJ MOHAN	9205533714	ACADEMIC PROJECT	FANATICS VS CASUALS: INVESTIGATING THE SOCIO - EMOTIONAL PROFILES OF ROYAL CHALLENGERS BENGALURU FANS
	PROF. LALIT SHARMA PROF. MAN SINGH		22028589036	B-73/22	ROHIT	SUBASH	8375836353	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN EAST, WEST AND NORTH REGIONS POST - NEP 2020
	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589010	B-80/22	SARTHAK JAIN	SANJAY JAIN	9310919628	DISSERTATION	REWIRING YOUNG MINDS: THE ROLE OF YOGIC PROTOCOLS IN MANAGING STRESS, BOOSTING ATTENTION AND ENHANCING EMOTION REGULATION IN SCHOOL SETTINGS
	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589052	B-87/22	SHUBHAM SAINI	SURESH KUMAR SAINI	9968949540	ACADEMIC PROJECT	EVALUATING PHYSICAL EDUCATION IN DELHI'S PRIVATE SCHOOLS: A STUDY OF INFRASTRUCTURE, CURRICULUM AND CHALLENGES IN CENTRAL & SOUTH REGIONS POST - NEP 2020
	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589086	B-98/22	VANSHIKA SONI	ANIL SONI	9818968844	DISSERTATION	THE IMPACT OF GOAL SETTING STRATEGIES ON COMPETITIVE ANXIETY IN ATHLETES: A QUANTITATIVE INVESTIGATION
PROF. DHARMANDER KUMAR	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589041	B-08/22	ANJALI	PARDEEP KUMAR	8368145821	DISSERTATION	DEVELOPMENT AND VALIDATION OF A QUESTIONNAIRE ON STUDENTS' PERSPECTIVES ON THE ROLE OF FAMILY IN SPORTS PARTICIPATION
	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589080	B- 23/22	DIKSHA KUMARI	BHOLA CHAUDHARY	9109310899	DISSERTATION	DEVELOPMENT AND VALIDATION OF A QUESTIONNAIRE ON STUDENTS' PERSPECTIVE ON THE ROLE OF ACADEMIC INSTITUTION IN SPORTS PARTICIPATION
	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589078	B-65/22	RAGHAV RAJ	RAJBALLAV KUMAR	8083007511	DISSERTATION	DEVELOPMENT AND VALIDATION OF QUESTIONNAIRE ON STUDENT'S PERSPECTIVE ON THE ROLE OF PEERS IN SPORTS PARTICIPATION
	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589068	B-69/22	REENA	MAHIPAL	8750719573	DISSERTATION	DEVELOPMENT AND VALIDATION OF QUESTIONNAIRE ON STUDENTS' PERPECTIVES ON THE ROLE OF MEDIA IN WOMEN'S SPORTS PARTICIPATION
PROF. EKTA BHUSHAN	PROF. LALIT SHARMA PROF. SANDHYA TIWARI		22028589022	B-16/22	AYUSH SHARMA	SHYAM MOHAN SHARMA	9354175343	DISSERTATION	RELIABILITY OF FOOTWORK TEST ON BADMINTON PLAYERS
PROF. GAURI CHAKRABORTY	PROF. SAMIRAN CHAKRABORTY		22028589063	B-76/22	SACHIN	BALRAM	7827915648	ACADEMIC PROJECT	Facilities available in Government Schools of South West Zone of Delhi State after Implementation of the Sports Policy of India
	PROF. SAMIRAN CHAKRABORTY		22028589075	B-77/22	SACHIN SINGH	BIRENDER SINGH	9315559414	ACADEMIC PROJECT	Facilities available in Government Schools of South West Zone of Delhi State after Implementation of the Sports Policy of India
PROF. LALIT SHARMA	DR. MEENAKSHI PROF. SAMIRAN CHAKRABORTY		22028589026	B-02/22	AARUSHI R. DUTT	AJAY KUMAR	9654454056	DISSERTATION	BEYOND SUCCESS AND FAILURE INTERPRETING COALS IN CONTEXT TO MENTAL HEALTH AMONG COLLEGE GOING STUDENTS
	DR. MEENAKSHI PROF. SONIA SHALINI		22028589067	B-30/22	HARSH SONKARIA	PRAVEEN KUMAR SONKARIA	9310478927	DISSERTATION	EFFECT OF SELF DESIGNED MINOR GAMES ON SENSORY PROCESSING OF THE CHILDREN WITH SPECIAL NEEDS (CWSN)
	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589013	B-32/22	HARSHITA RAWAT	BHAN SINGH RAWAT	9873966095	DISSERTATION	A MULTI-DIMENSIONAL STUDY OF MLOTIVES AMONG RECREATIONAL RUNNERS
	DR. MEENAKSHI PROF. SONIA SHALINI		22028589076	B-49/22	MOUSAM KUMARI	SUNIL JHA	9999262951	DISSERTATION	THE EFFECT OF PAST RELATIONSHIP. EXPERIENCES ON PRESENT RELATIONSHIP COMMITMENT
	PROF. MAN SINGH PROF. SONIA SHALINI		22028589077	B-62/22	PRATEEK TANWAR	SUSHIL KUMAR	8377055416	DISSERTATION	INFLUENCE OF PARENTING STYLES ON SELF - ESTEEM AND RESILIENCE AMONG ADOLESCENTS

	DR. MEENAKSHI PROF. SANDHYA TIWARI		22028589020	B-67/22	RAJ	RAMKISHAN	8447763527	DISSERTATION	PSYCHOLOGICAL WELL BEING AND VO2 MAX IN ACTIVE AND SEDENTARY INDIVIDUALS
PROF. MAN SINGH	PROF. SANDHYA TIWARI DR. MEENAKSHI		22028589057	B-46/22	MD. ADIL SHAH	MD. DAULAT SHAH	9863745233	DISSERTATION	INTEGRATED ASSESSMENT OF AGILITY, JUMP POWER AND MENTAL RESILIENCE AMONG COLLEGE FOOTBALL PLAYERS: A CROSS SECTIONAL APPROACH
	PROF. SANDHYA TIWARI DR. MEENAKSHI		22028589090	B-57/22	PAYAL	SURENDER PRATAP SINGH	8750002260	DISSERTATION	A COMPARATIVE ANALYSIS OF SPORTS ACHIEVEMENT MOTIVATION BETWEEN MALE AND FEMALE WEIGHTLIFTER
	PROF. SANDHYA TIWARI PROF. DHARMANDER KUMAR		22028589011	B-85/22	SHASWATY ROY	KRISHNA KANTA ROY	9679949503	DISSERTATION	CROSS - SECTIONAL STUDY OF AGILITY AND LOWER LIMB EXPLOSIVE POWER OF KARATEKAS
PROF. MONIKA WASUJA	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589064	B-10/22	ANKITA	MUNSHI RAM	9717912686	ACADEMIC PROJECT	Assessment of the Effect of Menstruation on Physical Exercise Participation among School Going Girls in the Age Range of 12-16
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589072	B-11/22	ANKUR JORWAL	BAJRANG SAHAY MEENA	9694858218	DISSERTATION	BODY COMPOSITION AND RELATED PHYSICAL FITNESS PARAMETERS OF INTERCOLLEGIATE LEVEL MALE FOOTBALLERS PLAYING AT VARIOUS POSITIONS
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589081	B-13/22	ARMAN	VIRENDER SINGH	8920748495	DISSERTATION	ASSESSMENT OF TOTAL PROTEIN INTAKE OF VEGITARIAN AND NON - VEGITARIAN ATHLETES AS RELATED TO BODY COMPOSITION AND PHYSICAL FITNESS PARAMETERS
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589025	B-31/22	HARSHITA	RAKESH KUMAR DABAS	9599585207	ACADEMIC PROJECT	Assessment of the Effect of Menstruation on Physical Exercise Participation among School Going Girls in the Age Range of 12-16
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589009	B-34/22	ISHU YADAV	PARSHURAM YADAV	7838242559	DISSERTATION	AN ASSESSMENT OF PHYSICAL FITNESS COMPONENTS OF INTER COLLEGE LEVEL MALE HANDBALL PLAYERS PLAYING AT DIFFERENT POSITIONS
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589014	B-39/22	KIRTIKA	MAHESH GAUTAM	7827484708	DISSERTATION	A SURVEY ON USE OF NUTRITIONAL SUPPLIMENTS AND BODY IMAGE PERCEPTION AMONG FEMALE COLLEGE GOING ATHLETES, NON-ATHLETES AND GYM USERS
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589095	B-51/22	MUSKAN CHOUDHARY	PRAVEEN KUMAR	9354671290	ACADEMIC PROJECT	Assessment of the Effect of Menstruation on Physical Exercise Participation among School Going Girls in the Age Range of 12-16
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589083	B-61/22	PRASHMEET PRADEEP PAL	PRADEEP PAL	7387452578	DISSERTATION	ASSESSMENT OF KNOWLEDGE, ATTITUDE AND PRACTICE OF SPORTS NUTRITION IN COLLEGE GOING ATHLETES
	PROF. SARITA TYAGI PROF. ANIL KUMAR VINAYAK		22028589006	B-91/22	SONU KUMAR	UMESH MEHTO	8376923479	DISSERTATION	A SURVEY ON USE OF NUTRITIONAL SUPPLEMENTS AND BODY IMAGE PERCEPTION AMONG MALE COLLEGE ATHLETES, NON - ATHLETES AND GYM GOERS STUDYING IN DELHI NCR, INDIA
PROF. SAMIRAN CHAKRABORTY	PROF. LALIT SHARMA DR. MEENAKSHI		22028589046	B-40/22	KRISHNA	KAILASH CHAND RATHOR	7838094721	DISSERTATION	CHALLENGES IN ORGANIZING COMMUNITY LEAGUE SPORTS EVENTS
	PROF. LALIT SHARMA DR. MEENAKSHI		22028589073	B -66/22	RAHUL	SANJEEV KUMAR	9999505201	ACADEMIC PROJECT	MENTAL TOUGHNESS BETWEEN STATE LEVEL AND NATIONAL LEVEL PLAYERS
	PROF. LALIT SHARMA DR. MEENAKSHI		22028589007	B-83/22	SHAGUN DABAS	AJAY KUMAR	8178742311	ACADEMIC PROJECT	MENTAL TOUGHNESS BETWEEN STATE LEVEL AND NATIONAL LEVEL PLAYERS
	PROF. LALIT SHARMA DR. MEENAKSHI		22028589005	B-95/22	TUSHAL	CHANDAN SINGH	8059512894	DISSERTATION	AGGRESSION AND EMOTIONAL REGULATION OF GYMNASTS
PROF. SANDHYA TIWARI	PROF. MAN SINGH PROF. SANDEEP TIWARI	Dr Tribhuvan Ram Narayan	22028589092	B-24/22	DILENDRA KUMAR	PURUSHOTTAM KUMAR	7428337101	ACADEMIC PROJECT	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI
	PROF. MAN SINGH DR. MEENAKSHI	Dr Tribhuvan Ram Narayan	22028589065	B-48/22	MOHIT KUMAR	SUNIL KUMAR	9650588327	ACADEMIC PROJECT	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI
	PROF. MAN SINGH PROF. SANDEEP TIWARI	Dr Tribhuvan Ram Narayan	22028589039	B-79/22	SANJAY SINGH	SHRI PAL SINGH	7827438380	ACADEMIC PROJECT	AN EXPLORATORY STUDY ON THE STATUS AND DEVELOPMENT OF FOOTBALL IN GOVERNMENT AND PRIVATE SCHOOLS OF WEST DELHI
	PROF. MAN SINGH PROF. SANDEEP TIWARI		22028589029	B-88/22	SIDDHARTH THUKRAL	JATENDER THUKRAL	9717063041	DISSERTATION	SLEEP QUALITY, BODY COMPOSITION, BASIAL METABOLIC RATE AND PSYCHOLOGICAL WELL-BEING OF EMPLOYEES IN COLLEGE SETTING : A CROSS-SECTIONAL STUDY.
	PROF. MAN SINGH PROF. SANDEEP TIWARI	Dr. Tapesh Yadav	22028589015	B-93/22	TARUNA KUMARI	DEEPAK CHAURASIYA	7701995528	DISSERTATION	ANTHROPOMETRIC, AND METABOLIC PROFILE OF INTERCOLLEGIATE FEMALE PLAYERS OF SELECTED SPORTS
	PROF. MAN SINGH PROF. SANDEEP TIWARI	Dr. Tapesh Yadav	22028589099	B-102/22	PRIYANSHU	ATUL KUMAR VERMA	8375900708	DISSERTATION	ANTHROPOMETRIC, BODY COMPORTION AND LOWER LIMB STRENGTH PROFILE OF MALE PLAYERS FROM SELECTED TEAM SPORTS
PROF. SARITA TYAGI	PROF. MONIKA WASUJA PROF. ANIL KUMAR VINAYAK		22028589035	B-29/22	HARSH KAMBOJ	ANIL KAMBOJ	8588880153	DISSERTATION	PERCEPTION OF INDIAN FAMILIES TOWARDS SPORTS AS A CAREER
	PROF. MONIKA WASUJA PROF. ANIL KUMAR VINAYAK		22028589018	B-59/22	PRADEEP MITTAL	PAWAN MITTAL	9643731468	DISSERTATION	ANALYTICAL STUDY OF ADOLESCENTS' ATTITUDE AND LIFESTYLE PRACTICES REGARDING HEALTH AND FITNESS
PROF. TARAK NATH PRAMANIK	PROF. LALIT SHARMA PROF. EKTA BHUSHAN		22028589089	B-82/22	SAZIA KHATOON	MOHAMMED MIYA ANSARI	8178978260	ACADEMIC PROJECT	Gender based comparison of Psychological variables between Male and Female Volleyball Players of IGIPSS